ISN’T IT GREAT WHEN THINGS JUST CLICK?

A seamless Cigna online experience is here.

Easier to access. Easier to navigate. Easier to use.

Great news: Your Cigna Employee Assistance Program (EAP) online experience just got an upgrade, with our recent move from CignaBehavioral.com to myCigna.com.

Now, instead of going to two different websites to view your EAP and plan benefits information, you’ll find it all in one place.

With a single log in to the myCigna® website, you’ll now have seamless access to Cigna EAP features, including:

› View program information
› Obtain authorization for face-to-face visits
› Take advantage of extended EAP chat hours
› Use the Search toolbar to find what you’re looking for faster
› Access health programs and resources in the Manage My Health section, such as wellness modules, the Health Encyclopedia, Healthy Rewards® discount program and more

Log in to myCigna.com to explore the new EAP online experience today.

Together, all the way.

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