A Primary Care Physician’s Perspective on Caregiving to Include Dementia and the Age Process
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• Board Certified Family Physician with over 28 years of experience in the greater Richmond, Virginia area.
• He has been listed a “Top Doc” in many area journals
• Has won countless area awards for his compassion and concern for the welfare of his patients.
Now What?!

• My loved one is displaying a loss of memory...now what?

• Is there a cognitive assessment that may be administered in the PCP office?
What Should I Do?! 

• My loved one is physically slowing down...what should I be aware of? 

• When do I call the doctor? 

• What tests should be administered on a regular basis over the age of 65?
What Do I Bring With?! 

• What documents do we need to bring with us to a doctor visit?
  • Power of Attorney?
  • Advanced Medical Directive?
  • Copy of Long Term Care Policy?
How Do I Communicate?!

• What is the best way to communicate with doctor’s office?
  • Phone?
  • Email?
  • Text?
  • Fax?
How Do I Keep Track?!  

• How should we keep track of visits with primary care physicians and all specialty physicians?
What if I am Out of State?!

• If my loved one is out of state, how can I best communicate with loved one’s primary care physician?
What Can I Expect?!

• What can I expect from the primary care physician as far as caregiving support resource?
What is the Difference?!

- What is the difference between a “concierge” practice and a traditional primary care physician practice?
Questions?
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