Preventive medications are used to prevent certain conditions from developing, or to prevent a condition from coming back.

Certain preventive medications are available at no cost-share to you

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share ($0) to you.³ The U.S. Preventive Services Task Force and the Institute of Medicine provides guidance on which drug classes should be covered on this list. These recommendations are meant to help prevent disease, as well as meet women’s unique health care needs.

About this drug list

This is a list of the preventive prescription medications and over-the-counter (OTC) products available to you at no cost-share (copay, coinsurance and/or deductible). For your plan to cover these medications at 100%, you’ll need to get a prescription from your doctor – even for the OTC products which are typically available without a prescription.

This drug list is updated as the U.S. Preventive Services Task Force makes new recommendations. Log in to the myCigna® App or myCigna.com, or check your plan materials, to learn more about how your plan covers preventive medications.

Choosing the right preventive medication

Many preventive medications are covered at 100%, or no cost-share to you, under PPACA’s preventive coverage requirement. Talk with your doctor to see if one may work for you. If your doctor feels a certain contraceptive or smoking cessation medication on this list isn’t right for you, ask your doctor to contact Cigna. Together, we’ll look for other medications that may be available at no cost-share.

Religious exemptions to contraception coverage

PPACA allows certain employers to not cover (or exclude) contraceptives from coverage based on their religious beliefs. For women with a Cigna pharmacy plan through one of these employers, where the law requires, Cigna will pay for contraceptives and/or certain medications at no cost. This coverage is private and confidential and isn’t administered, funded by or connected in any way to the employer’s health coverage.
PPACA No Cost-Share Preventive Medications

This is a list of the preventive prescription medications and the over-the-counter (OTC) products available to you at no cost-share under PPACA. For your plan to cover these medications at 100%, you’ll need to get a prescription from your doctor - even for the OTC products which are typically available without a prescription. This drug list is updated as the U.S. Preventive Services Task Force makes new recommendations.

Aspirin Products
Available to adults less than 70 years of age
adult aspirin regimen
aspirin 81mg, 325mg
aspirin ec 81mg, 325mg
aspir-trin
BAYER CHEWABLE ASPIRIN
children’s aspirin
ecotrin
low dose aspirin ec
st. joseph aspirin
st. joseph aspirin ec

Barrier Contraception
CAYA CONTOURED
FC2 FEMALE CONDOM
FEMCAP
gynol ii
TODAY CONTRACEPTIVE SPONGE
VCF FILM, GEL
vcf foam
WIDE SEAL DIAPHRAGM

Bowel Prep Products for Colorectal Cancer Screenings
Available to adults 45-75 years of age
alophen pills
bisacodyl tablets
bisa-lax
clearlax
CORRECTOL
DULCOLAX EC 5 MG TABLET
gavilax
gavilyte-c
gavilyte-g
gavilyte-n
gentle laxative
gentlelax
GIALAX
GOLYTELY
healthy lax
laxaclear
laxative
laxative peg 3350
MIRALAX
natura-lax
NULYTELY SOLUTION
NULYTELY WITH FLAVOR PACKS
peg 3350-electrolyte
peg3350-sodium sulfate-sodium chloride-potassium chloride sodium ascorbate-ascorbic acid
peg-prep
polyethylene glycol 3350
powder lax
PREPOPIK
purelax
smoothlax
women's gentle laxative
women's laxative

Breast Cancer Prevention
Available to adults 35 years of age and older
anastrozole
exemestane
raloxifene
tamoxifen

Cholesterol Related
Available to adults 40-75 years of age
atorvastatin 10mg, 20mg
fluvastatin
fluvastatin er
lovastatin 10mg, 20mg, 40mg
pravastatin
rosuvastatin 5mg, 10mg
simvastatin 5mg, 10mg, 20mg, 40mg

Emergency Contraception
after pill
AFTERA
econtra ez
econtra one-step
ELLA
levonorgestrel
my choice
my way
new day
opcicon one-step
option 2
TAKE ACTION

Folic Acid Supplementation
Only for products containing 0.4 mg-0.8 mg of folic acid
Available to adults 50 years of age and younger
ALIVE PRENATAL
BRAINSTRONG PRENATAL
classic prenatal
EXPECTA PRENATAL
FA-8
folic acid 0.4mg, 0.8mg
kpn
MINI PRENATAL
ONE A DAY WOMEN’S PRENATAL DHA
done daily prenatal
ONE-A-DAY PRENATAL-1
perry prenatal
prenatal
prenatal complete
PRENATAL FORMULA-DHA
PRENATAL Gummies
PRENATAL MULTI
prenatal multi-dha
prenatal multivitamin
PRENATAL MULTIVITAMIN-DHA
prenatal one daily
PRENATAL PLUS-DHA
prenatal vitamin
PRENATAL VITAMIN + DHA
prenatal vitamins
SIMILAC PRENATAL
STUART ONE
ULTRA PRENATAL PLUS DHA

Hormonal Contraception
afirmelle
altavera
alyacen
amethia
amethia lo
amethyst
apri
aranelle
ashlyna
aubra
aubra eq

Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.
Hormonal Contraception\textsuperscript{4,5} (cont)
aurovela
aurovela 24 fe
aviane
ayuna
azurette
balziva
bekyree
blisovi 24 fe
blisovi fe
briellyn
camila
camrese
camrese lo
caziant
charlotte 24 fe
chateal
chateal eq
cryselle
cyclafem
cyred
cyred eq
dasetta
daysee
deblitane
desogestrel-ethinyl estradiol
desogestr-eth estrad eth extra
dolishale
drospirenone-ethinyl estradiol
drospirenone-ethinyl estradiol-
levomefolate
elinest
eluryng
eoquette
enpresse
enskyce
errin
estarylla
ethynodiol-ethinyl estradiol
etonogestrel-ethinyl estradiol
falmina
fayosim
femynor
gemmily
gianvi
hailey
hailey 24 fe
hailey fe
heather
iclevia
incassia
intravale
isibloom

jakie
jasmiel
jencya
joleasa
jolivette
juleber
junel
junel fe
junel fe 24
kaitlib fe
kalliga
kariva
kelnor 1-35
kelnor 1-50
kurvelo
larin
larin 24 fe
larin fe
larissia
layolis fe
leena
lessina
levonest
levonorgestrel-ethinyl estradiol
levonorgestrel-ethinyl estradiol-
edinyl estradiol
levora-28
lilow
lojamiess
loryna
low-ogestrel
lo-zumandimine
luteria
lyeq
lyza
marliasa
medoxyprogesterone
melodetta 24 fe
merzee
mibelas 24 fe
microgestin
microgestin fe
mili
mono-linyah
necon
NEXPLANON
nikki
nora-be
noretihidrone-ethinyl estradiol iron
noretihidrone 0.35mg
noretihidrone-ethinyl estradiol
1.5-0.03mg,1-0.02mg
noretihidrone-ethinyl estradiol-fe
norgestimate-ethinyl estradiol
norgestrel-ethiny estra

norlyda
nortrel
nylia
nymyo
ocella
orsythia
philith
pimtreia
pirmella
portia
previfem
reclipsen
rivela
setlakin
sharobel
simliya
simpesse
sprintec
sronyx
syeda
tarina 24 fe
tarina fe
tarina fe 1-20 eq
taysof
tilia fe
tri femynor
tri-estarylla
tri-legenest fe
tri-linyah
tri-lo-estarylla
tri-lo-marzia
tri-lo-mili
tri-lo-sprintec
tri-mili
tri-nymyo
tri-previfem
tri-sprintec
trivora-28
tri-vylibra
tri-vylibra lo
tulana
tydemy
velivet
vestura
vierv
viorele
volne
vyfemla
vylibra
wera
wymzya fe
xulane
zafemy
zarah
zovia 1-35

Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.
Hormonal Contraception\textsuperscript{4,5} (cont)
- zovia 1-35e
- zumandimine

Human Immunodeficiency Virus (HIV) Infection Pre-Exposure Prevention
- emtricitabine/tenofovir 200mg-300mg

Implantable Contraception
- KYLEENA
- LILETTA
- MIRENA
- PARAGARD T 380-A
- SKYLA

Pediatric Multivitamins (containing fluoride and fluoride supplements)

- Available to children six months - sixteen years of age
- FLORIVA DROPS, CHEWABLE TABLETS
- FLUORABON
- fluoride chewable tablets
- fluoritab
- FLURA-DROPS
- ludent fluoride
- multi-vitamin w-fluoride-iron
- multivitamin with fluoride
- multivitamin-iron-fluoride
- mvc-fluoride
- POLY-VI-FLOR
- POLY-VI-FLOR WITH IRON
- QUFLORA PED 0.25MG/ML DROPS, 0.5MG/ML DROPS, 1MG CHEWABLE TABLET
- sodium fluoride oral drops and tablets
- TRI-VI-FLOR
- tri-vitamin with fluoride
- tri-vite with fluoride
- vitamins a,c,d and fluoride

Smoking Cessation\textsuperscript{4,7}

- Available to adults 18 years of age and older
- Quantity limits apply
- bupropion sr 150mg
- NICODERM CQ
- nicorelief
- NICORETTE
- nicotine gum
- nicotine lozenge
- nicotine patch
- NICOTROL
- NICOTROL NS
- quit 2
- quit 4
- stop smoking aid
- varenicline tartrate

Vaccines\textsuperscript{8}

COVID-19 vaccines: Once you’re eligible to get the vaccine, it will be covered at 100% under PPACA

- ACTHIB
- ADACEL TDAP
- AFluria
- AFlurIA QUAD
- BEXSERO
- BOOSTRIX TDAP
- DAPTACEL DTAP
- DIPHTHERIA-TETANUS TOXOIDS-PED
- ENGERIX-B
- EZ FLU 2018-2019 (FLUCELVAX)
- FLUAD
- FLUAD QUAD
- FLUARIX QUAD
- FLUBLOK QUAD
- FLUCELVAX QUAD
- FLULAVAL QUAD
- FLUMIST QUAD
- FLUZONE HIGH-DOSE
- FLUZONE HIGH-DOSE QUAD
- FLUZONE QUAD
- FLUZONE QUAD PEDI
- GARDASIL 9
- HAVRIX
- HEPLISAV-B
- HIBERIX
- INFANRIX DTAP
- IPOL
- JANSSEN COVID-19 VACCINE (EUA)
- KINRIX
- MENACTRA
- MENQUADFI
- MENVEO A-C-Y-W-135-DIP
- M-M-R II VACCINE
- MODERNa COVID-19 VACCINE (EUA)
- PEDIARIX
- PEDVAXHIB
- PENTACEL
- PENTACEL ACTHIB
- PFIZER COVID-19 VACCINE (EUA)
- PNEUMOVAX 23
- PREVNAR 13
- PREVNAR 20
- PROQUAD
- QUADRACEL DTAP-IPV
- RECOMBIVAX HB
- ROTARIX
- ROTATEQ
- SHINGRIX
- TDVAX
- TENIVAC
- TRUMENBA
- TWINRIX
- VAQTA
- VAXIVRE
- VAXELIS
- VAXNEUVANCE
- ZOSTAVAX

Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.
1. This is a list of the medications and other products covered at 100% under the plan's pharmacy benefit at this time, based on existing legal requirements, and is subject to plan terms like limitations and exclusions. For example, this list of medications may change if legal requirements for preventive coverage changes.

2. PPACA coverage requirements don't apply to all plans. Log in to the myCigna App or myCigna.com, or check your plan materials, to find out how your plan covers these medications and how much they'll cost you.

3. These medications are covered at no cost-share ($0) for plans renewing on or after 10/1/20.

4. If your doctor feels these medications aren't right for you, ask him or her to call Cigna. There may be other brands available at no cost-share to you.

5. Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here.

6. This medication will only be covered at no cost-share ($0) if used alone instead of in combination with other HIV medications.

7. Quantity limits apply. Also, generic nicotine replacement therapy (known as "store-brands") are available at no cost-share to you, even though they may not be listed here.

8. Not all plans cover vaccines in the same way. Log in to the myCigna App or myCigna.com, or check your plan materials, to find out how your specific plan covers them. You can also see a current list of covered vaccines and pharmacies in your plan's network. Most immunizations for travel aren't covered. Call your pharmacy to make sure your plan covers the vaccine and it's available at their location. You shouldn't need to make an appointment to get a vaccination. If you use an out-of-network pharmacy, vaccines may not be covered or may be subject to your plan's copay, coinsurance, and/or deductible.

Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending upon its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)

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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。


Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자들은 ID 카드 뒷면에 있는 전화번호로 연락해주세요. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711) 번으로 전화해주세요.


Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتك الشخصية، أو اتصل ب 1.800.244.6224 (TTY: 711).


Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 （TTY: 711）まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tesserà di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).


Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در شماره گیری کارت شناسایی شما ارائه گردیده تلفن کنید.