PREVENTIVE GENERICS
DRUG LIST

Starting January 1, 2021

Preventive medications are used to prevent certain conditions from developing, or to prevent a condition from coming back. These conditions include, but are not limited to, asthma, depression, diabetes, heart attack, high blood pressure, high cholesterol, osteoporosis, prenatal nutrient deficiency and stroke.

About this drug list.
This document shows the most commonly prescribed preventive generic medications covered as of January 1, 2021. All of these medications are approved by the U.S. Food and Drug Administration (FDA). Medications are listed alphabetically by the condition they prevent.

The Preventive Generics Drug List is updated often so it's important to know that this is not a complete list of the medications your plan covers. Not all plans consider all of the conditions and medications listed in this document to be part of the preventive program. Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.

About your cost-share for preventive medications.
Not all plans offer the same cost-share for their preventive program. For example, some plans may:

› Require you to pay a copay, coinsurance (the percentage you pay after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for a preventive generic medication.

› Cover preventive generic medications at 100%, or no additional cost ($0) to you.

Log into the myCigna® App or website, or check your plan materials, to learn more about the medications included in your plan’s preventive program. You can also click on “Price a Medication” to see how much your medication may cost you at the different pharmacies in your plan’s network.

*Preventive medications* don’t include medications covered at 100%, or no cost ($0) to you, under the Patient Protection and Affordable Care Act (PPACA)’s preventive services coverage requirement.

Together, all the way.
Preventive Generics Drug List

Anxiety/Depression/ Bipolar Disorder

citalopram
escitalopram
fluoxetine
fluoxetine DR
fluvoxamine
fluvoxamine ER
paroxetine
paroxetine CR
paroxetine ER
sertraline

citalopram
escitalopram
fluoxetine
fluoxetine DR
fluvoxamine
fluvoxamine ER
paroxetine
paroxetine CR
paroxetine ER
sertraline

Asthma Related

albuterol
albuterol HFA
budesonide suspension
caffeine citrate oral solution
cromolyn nebulizer solution
fluticasone-salmeterol
ipratropium solution
ipratropium-albuterol
levalbuterol
levalbuterol concentrate
levalbuterol HFA
metaproterenol
montelukast
terbutaline tablet
theophylline
theophylline anhydrous
Wixela Inhub
zafirlukast
zileuton ER

Blood Pressure Related

acebutolol
acetazolamide tablet
acetazolamide ER
aliskiren
amiloride
amiloride-HCTZ
amlodipine
amlodipine-benazepril
amlodipine-olmesartan
amlodipine-valsartan
amlodipine-valsartan-HCTZ
atenolol
atenolol-chlorthalidone
benazepril
benazepril-HCTZ
betaxolol tablet
bisoprolol
bisoprolol-HCTZ
bumetanide tablet
candesartan
candesartan-HCTZ
captopril
captopril-HCTZ
cartia XT
carvedilol
carvedilol ER
chlordiazepoxide
clonidine tablet, patch
diltiazem tablet
diltiazem 12hr ER
diltiazem 24hr ER
diltiazem 24hr ER (CD)
diltiazem 24hr ER (LA)
diltiazem 24hr ER (XR)
Dilt-XR
doxazosin
enalapril
enalapril-HCTZ
eplerenone
felodipine ER
fosinopril
fosinopril-HCTZ
furosemide tablet, solution
guanfacine
hydralazine tablet
hydrochlorothiazide
indapamide
irbesartan
irbesartan-HCTZ
irbesartan-HCTZ
Irbesartan
Irbesartan-HCTZ
Irbesartan-HCTZ
labetalol tablet
lisinopril
lisinopril-HCTZ
losartan
losartan-HCTZ
Matzim LA
methazolamide
methyldopa
methyldopa-HCTZ
metolazone
metoprolol tablet
metoprolol ER
metoprolol-HCTZ
minoxidil tablet
moexipril
nadolol
nifedipine
cardipine capsule
nifedipine ER
nimodipine
nifedipine
nisoldipine
olmesartan
olmesartan-amlodipine-HCTZ
olmesartan-HCTZ
perindopril
phenoxycarbimazole
pindolol
prazosin
propranolol tablet, solution
propranolol ER
propranolol-HCTZ
quinapril
quinapril-HCTZ
ramipril
Sorine
sotalol tablet
sotalol AF tablet
spironolactone
spirinolactone-HCTZ
Tazzia XT
telmisartan
telmisartan-amlodipine
telmisartan-HCTZ
terazosin
Tiadyl ER
timolol tablet
torsemide
trandolapril
trandolapril-verapamil ER
triamterene-HCTZ
valsartan
valsartan-HCTZ
vecamyl
verapamil
verapamil
verapamil ER
verapamil PM
verapamil SR

Blood Thinner Related

aspirin-dipyridamole ER
cilostazol
clopidogrel
dipyridamole tablet
jantoven
prasugrel
warfarin

Not all plans consider all of the conditions and medications listed in this document to be part of preventive coverage. Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.
Cholesterol Related
amlodipine-atorvastatin
atorvastatin
cholestryamine
cholestryamine light
colesevelam
colestipol
ezetimibe
ezetimibe-simvastatin
fenofibrate
fenofibric acid
fluvastatin ER
fluvastatin
gemfibrozil
lovastatin
niacin 500mg tablet
niacin ER tablet
Niacor
omega-3 acid ethyl esters
pravastatin
Prevalite
rosuvastatin
simvastatin

Diabetes Related
Log in to the mycigna app or website, or check your plan materials, to learn more about how your plan covers diabetes-related preventive medications.
acarbose
Diabetic Supplies (i.e. lancets, syringes, urine test, alcohol pads)
glimepiride
glipizide
glipizide ER
glipizide XL
glipizide-metformin
glyburide
glyburide micronized
glyburide-metformin
metformin
metformin ER 500mg,
750mg tablet
miglitol
nateglinide
pioglitazone
pioglitazone-glimepiride
pioglitazone-metformin
repaglinide

Osteoporosis Related
alendronate
calcitonin-salmon
ibandronate tablet
raloxifene
risedronate
risedronate DR

Prenatal Vitamins
Your plan considers all prescription strength prenatal vitamins to be “preventive.”

Not all plans consider all of the conditions and medications listed in this document to be part of preventive coverage. Log in to the myCigna App, or check your plan materials, to see which medications your plan covers as preventive.

1. State laws in Texas and Louisiana may require your plan to cover your medication at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval from Cigna before your plan will cover it, these changes may not begin until your plan’s renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on your Cigna ID card.

2. State law in Illinois may require your plan to cover your medications at your current benefit level until your plan renews. This means that if you currently have approval through a review process for your plan to cover your medication, the drug list change(s) listed here may not affect you until your plan renewal date. If you don’t currently have approval through a coverage review process, you may continue to receive coverage at your current benefit level if your doctor requests it. To find out if this state law applies to your plan, please call Customer Service using the number on your Cigna ID card.

3. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan’s network, your prescription may not be covered, or reimbursement may be limited by your plan’s copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan’s prescription drug coverage.

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Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)

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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。


Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711) 번으로 전화해주십시오.


Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).


Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項：日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224（TTY: 711）まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).