

# Meet Oshi Health.

An in-network virtual care clinic for digestive issues, without the wait.

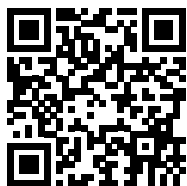


Offered as part of your Cigna Healthcare® medical plan.  
**Simply schedule a convenient virtual visit and pay your in-network cost-share.\***

Access to next-day virtual visits with a team of gastrointestinal (GI) providers, registered dietitians, and gut-brain specialists.  
Find lasting relief for symptoms and conditions, including:

- Abdominal pain and bloating
- Acid reflux and gastroesophageal reflux disease (GERD)
- Crohn's disease and ulcerative colitis
- Irritable bowel syndrome (IBS)
- Undiagnosed GI symptoms
- And hundreds of other GI issues

**Already working with a GI doctor? Oshi Health's multidisciplinary experts are available to provide medical, dietary, and gut-brain support between in-person visits.**



To get started, scan the QR code  
or visit: [oshihealth.com/cigna](https://oshihealth.com/cigna)



## A different approach to GI care:

### Care for the whole you.

GI experts treat the root cause of gut health issues, delivering personalized care plans to provide relief.

### Clinically proven approach.

Evidence-based methodology helps identify triggers for digestive care issues, for proven relief.

### Quick, convenient access.

A team of GI experts, there when you need them, including evenings and weekends.





\*Standard copays or coinsurance will apply.

Cigna Healthcare provides access to virtual care through participating in-network providers. Not all providers have virtual capabilities. Cigna Healthcare also provides access to virtual care through national telehealth providers as part of your plan. This service is separate from your health plan's network and all services may not be available in all areas; subject to state regulations. Referrals are not required. Video may not be available in all areas or with all providers. All health care providers are solely responsible for the treatment provided to their patients; providers are not agents of Cigna Healthcare. Refer to plan documents for complete description of virtual care services and costs.

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