Preventive medications are used to prevent certain conditions from developing, or to prevent a condition from coming back.

Certain preventive medications are available at no cost-share to you

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share ($0) to you. The U.S. Preventive Services Task Force and the Institute of Medicine provides guidance on which drug classes should be covered on this list. These recommendations are meant to help prevent disease, as well as meet women’s unique health care needs.

About this drug list

This is a list of the preventive prescription medications and over-the-counter (OTC) products available to you at no cost-share (copay, coinsurance and/or deductible). For your plan to cover these medications at 100%, you’ll need to get a prescription from your doctor – even for the OTC products which are typically available without a prescription.

- Medications are listed alphabetically by drug category.
- Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.

Choosing the right preventive medication

Many preventive medications are covered at 100%, or no cost-share to you, under PPACA’s preventive coverage requirement. Talk with your doctor to see if one may work for you. If your doctor feels a certain contraceptive or smoking cessation medication on this list isn’t right for you, ask your doctor to contact Cigna. Together, we’ll look for other medications that may be available at no cost-share.

Religious exemptions to contraception coverage

PPACA allows certain employers to not cover (or exclude) contraceptives from coverage based on their religious beliefs. For women with a Cigna pharmacy plan through one of these employers, where the law requires, Cigna will pay for contraceptives and/or certain medications at no cost. This coverage is private and confidential and isn’t administered, funded by or connected in any way to the employer’s health coverage.

Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.
PPACA No Cost-Share Preventive Medications

This is a list of the preventive prescription medications and the over-the-counter (OTC) products available to you at no cost-share under PPACA. **For your plan to cover these medications at 100%, you'll need to get a prescription from your doctor - even for the OTC products which are typically available without a prescription.** This drug list is updated as the U.S. Preventive Services Task Force makes new recommendations.

**Aspirin Products**

Available to adults less than 70 years of age.

*Important change:* Starting May 1, 2023, aspirin products will no longer be covered under PPACA as of your plan's renewal date (the day your new plan year starts).³

- adult aspirin regimen
- aspirin 81mg, 325mg
- aspirin ec 81mg, 325mg
- aspirin regimen
- aspir-trin
- buffered aspirin
- bufferin
- children's aspirin
- ecotrin
- low dose aspirin ec
- st. joseph aspirin
- st. joseph aspirin ec
- tri-buffered aspirin

**Barrier Contraception**

- CAYA CONTOURED
- FC2 FEMALE CONDOM
- FEMCAP
- gynol ii
- MALE CONDOM
- TODAY CONTRACEPTIVE SPONGE
- VCF FILM, GEL
- vcf foam
- WIDE SEAL DIAPHRAGM

**Bowel Prep Products for Colorectal Cancer Screenings**

Available to adults 45-75 years of age

- bisacodyl tablets
- citrate of magnesia
- citroma
- clearlax
- DULCOLAX EC 5 MG TABLET
- gavilax
- gavilute-c
- gavilute-g
- gavilute-n
- gentle laxative
- gentlelax
- laxative
- laxative peg 3350
- magnesium citrate
- milk of magnesia
- natura-lax
- oral saline laxative
- peg 3350-electrolyte
- peg3350-sodium-sulfate-sodium chloride-potassium chloride-sodium ascorbate-ascorbic acid
- peg-prep
- phosphate laxative
- polyethylene glycol 3350
- powderlax
- purelax
- smoothlax
- sodium sulfate-potassium sulfate-magnesium sulfate
- women's gentle laxative

**Breast Cancer Prevention**

Available to adults 35 years of age and older

- anastrozole
- exemestane
- raloxifene
- SOLTAMOX
- tamoxifen

**Cholesterol Related**

Available to adults 40-75 years of age

- atorvastatin 10mg, 20mg
- fluvastatin
- fluvastatin er
- lovastatin 10mg, 20mg, 40mg
- pravastatin
- rosuvastatin 5mg, 10mg
- simvastatin 5mg, 10mg, 20mg, 40mg

**Emergency Contraception**

- after pill
- AFTERA
- econtra ez
- econtra one-step
- ELLA
- her style
- levonorgestrel
- my choice
- my way
- new day
- opcicon one-step
- option 2
- PLAN B ONE-STEP
- TAKE ACTION

**Folic Acid Supplementation**

Only for products containing 0.4 mg–0.8 mg of folic acid

Available to adults 50 years of age and younger

- b complex number 1
- balance b-100
- balance b-50
- balanced b-100
- balanced b-complex
- b-complex
- b-complex plus vitamin c
- b-complex with vitamin c
- classic prenatal
- dialyvite 800
- folic acid 0.4mg, 0.8mg
- folitab 500
- foltabs 800
- full spectrum b
- kobee
- kpn
- one daily prenatal
- perry prenatal
- prenatal
- prenatal complete
- prenatal multi-dha
- prenatal multivitamin
- prenatal one daily
- prenatal vitamin
- prenatal vitamins
- rena-vite
- stress formula with iron
- super b complex
- super b complex-vitamin c
- super b maxi complex
- super quints
- super vitamin b complex
- vitamin b complex

Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.
Folic Acid Supplementation
(cont)
- vitamin b complex-vitamin c
- vitamin b-complex with vit c

Hormonal Contraception

- afirmelle
- altavera
- alyacen
- amethia
- amethia lo
- amethyst
- ANNOVERA
- apri
- aranelle
- ashlyna
- aubra
- aubra eq
- aurovela
- aurovela 24 fe
- aurovela fe
- aviane
- ayuna
- azurette
- balziva
- bekyree
- BEYAZ
- blisovi 24 fe
- blisovi fe
- briellyn
- camila
- camrese
- camrese lo
- caziant
- charlotte 24 fe
- chateal
- chateal eq
- cryselle
- cyred
- cyred eq
- dasetta
- daysee
- debilitane
- DEPO-PROVERA
- DEPO-SUBQ PROVERA 104
- desogestrel-ethinyl estradiol
- desogestr-eth estrad eth estrada
- dolishale
- drospirenone-ethinyl estradiol
- drospirenone-ethinyl estradiol-levomefolate
- elinest
- eluryng
- emoquette
- enpresse

enskyce
errin
estarylla
ethynodiol-ethinyl estradiol
etonogestrel-ethinyl estradiol
falmina
femynor
finzala
gemmily
gianvi
hailey
hailey 24 fe
hailey fe
haloette
heather
iclevia
incassia
introvale
isibloom
jaimiess
jasmiel
jencycla
jolessa
juleber
junel
junel fe
junel fe 24
kaitlib fe
kalliga
kariva
kelnor 1-35
kelnor 1-50
kurvelo
larin
larin 24 fe
larin fe
larissia
layolis fe
leena
lessina
levonest
levonorgestrel-ethinyl estradiol
levonorgestrel-ethinyl estradiol-ethinyl estradiol
levora-28
lilow
lojamiess
loryna
low-ogestrel
lo-zumandimine
lutura
lyeq
lyza
marlissa
medroxyprogesterone
melodetta 24 fe
merzee
mibelas 24 fe
microgestin
microgestin 24 fe
microgestin fe
mili
mono-lynyah
necon
NEXPLANON
niki
nora-be
noretindrone 0.35mg
noretindrone-ethinyl estradiol
1.5-0.03mg,1-0.02mg
noretindrone-ethinyl estradiol-fe
noretindrone-ethinyl estradiol -iron
norgestimate-ethinyl estradiol
norgestrel-ethinyl estra
norlyda
nortrel
nlylia
nymyo
ocella
philith
pimtrea
pirmella
portia
previfem
reclipsen
rivelsa
setlakin
sharobel
simliya
smpesse
sprintec
sronyx
syeda
tarina 24 fe
tarina fe
tarina fe 1-20 eq
taysofy
tilia fe
tri femynor
tri-estarylla
tri-legenest fe
tri-lynyah
tri-lo-estarylla
tri-lo-marzia
tri-lo-mili
tri-lo-sprintec
tri-mili
tri-nymyo
tri-previfem
tri-sprintec

Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.
Hormonal Contraception\textsuperscript{6,7} (cont)

trivora-28
tri-vylibra
tri-vylibra lo
tulana
tydemy
velivet
vestura
vienva
viorele
volnea
vyfemla
vylitra
wera
wymzya fe
xulane
YAZ
zafemy
zarah
zovia 1-35
zumandimine

Human Immunodeficiency Virus (HIV) Infection Pre-Exposure Prevention

APRETUDE
emtricitabine/tenofovir 200mg-300mg

Implantable Contraception

KYLEENA
LILETTA
MIRENA
PARAGARD T 380-A
SKYLA

Pediatric Multivitamins (containing fluoride and fluoride supplements)

Available to children six months - sixteen years of age

fluoride chewable tablets
fluoritab
ludent fluoride
multivitamin with fluoride
mvc-fluoride
sodium fluoride oral drops and tablets
tri-vitamin with fluoride
tri-vite with fluoride

Smoking Cessation\textsuperscript{6,9}

Available to adults 18 years of age and older

Quantity limits apply

bupropion sr 150mg
CHANTIX
NICODERM CQ
NICORETTE
nicotine gum
nicotine lozenge
NICOTINE LOZENGE
nicotine patch
NICOTROL
NICOTROL NS
quit 2
quit 4
stop smoking aid
varenicline

Vaccines\textsuperscript{10}

COVID-19 vaccines: Once you're eligible to get the vaccine, it will be covered at 100% under PPACA

ACTHIB
ADACEL TDAP
AFLURIA QUAD
BEXSERO
BOOSTRIX TDAP
COMIRNATY
DAPTACEL DTAP
DENGVAXIA
DIPHTHERIA-TETANUS TOXOIDS-PED
ENGERIX-B
FLUAD QUAD
FLUARIX QUAD
FLUBLOK QUAD
FLUCELVAX QUAD
FLULAVAL QUAD
FLUMIST QUAD
FLUZONE HIGH-DOSE QUAD
FLUZONE QUAD
GARDASIL 9
HAVRIX
HEPLISAV-B
HIBERIX
INFANRIX DTAP
IPOL
JANSSEN COVID-19 VACCINE
(KINRIX
MENACTRA
MENQUADFI
MENVEO A-C-Y-W-135-DIP
M-M-R II VACCINE
MODERNA COVID VACC (EUA)
NOVAVAX COVID-19 VACC, ADJ(EUA)
PEPIARIX
PEDVAXHIB
PENTACEL
PENTACEL ACTHIB
PFIZER COVID VACCINE (EUA)
PNEUMOVAX 23
PREHEBVRIQ
PREVNAR 13
PREVNAR 20
PRIORIX
PROQUAD
QUADRACEL DTAP-IPV
RECOMBIVAX HB
ROTARIX
ROTAEQ
SHINGRIX
SPIKEVAX COVID (18Y UP) VACC
TDVAX
TENIVAC
TRUMENBA
TWINRIX
VAQTA
VARIVAX
VAXELIS
VAXNEUVANCE
ZOSTAVAX

Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.
1. This is a list of the medications and other products covered at 100% under the plan's pharmacy benefit at this time, based on existing legal requirements, and is subject to plan terms like limitations and exclusions. For example, this list of medications may change if legal requirements for preventive coverage changes.

2. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.

3. Low-dose aspirin (81 mg/day) will stay covered at 100%, or no cost-share ($0), under PPACA's preventive services requirement for women who are at least 12 weeks pregnant and at high risk for pre-eclampsia.

4. For plans renewing on or after January 1, 2023: Male condoms that are stocked behind the pharmacy counter and given to you by the pharmacist will be available at no cost-share to you. Quantity limits apply.

5. PPACA coverage requirements don't apply to all plans. Log in to the myCigna App or myCigna.com, or check your plan materials, to find out how your plan covers these medications and how much they'll cost you.

6. If your doctor feels these medications aren't right for you, ask him or her to call Cigna. There may be other brands available at no cost-share to you.

7. Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here.

8. This medication will only be covered at no cost-share ($0) if used alone instead of in combination with other HIV medications.

9. Quantity limits apply. Also, generic nicotine replacement therapy (known as "store-brands") are available at no cost-share to you, even though they may not be listed here.

10. Not all plans cover vaccines in the same way. Log in to the myCigna App or myCigna.com, or check your plan materials, to find out how your specific plan covers them. You can also see a current list of covered vaccines and pharmacies in your plan's network. Most immunizations for travel aren't covered. Call your pharmacy to make sure your plan covers the vaccine and it's available at their location. You shouldn't need to make an appointment to get a vaccination. If you use an out-of-network pharmacy, vaccines may not be covered or may be subject to your plan's copay, coinsurance, and/or deductible.

Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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Cigna:
• Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
• Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages
If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)


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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

Vietnamese – XIN LUU Y: Quy vi duoc cap dich vu truy giau ve ngng ng mien phi. Danh cho khach hang hien tai cua Cigna, vui long goi so o mat sau the Hoi vien. Acc truong hop khac xin goi so 1.800.244.6224 (TTY: Quay so 711).

Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주세요. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711) 번으로 전화해주세요.


Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).


Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224（TTY: 711）まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).


Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna پشت کارت شناسایی شماست تماس بگیرید (شماره 1.800.244.6224) یا اتصال ب 711. در نهایت، شماره گیری کردی شماست. شماره 711 را برای مشتریان غیر Cigna بکار بگیرید.