

HSA Eligible Expenses

by Season (NEW YEAR'S VERSION)

2021

START THE NEW YEAR WITH
NEW, HEALTHY HABITS!



- + Dermatology Treatment
- + Digital Thermometer
- + Flu Shot
- + Glasses
- + Health Screenings/ Preventive Care
- + Ibuprofen
- + Life Alert Emergency Medical Alert Systems
- + Lumbar Support
- + Mental Health Therapy
- + Rehabilitation Center
- + Sleep Aids
- + Smoking Cessation Programs & Products
- + Substance Abuse Treatment
- + Teeth Grinding Prevention
- + Vaccinations

BONUS: WORKOUT RELIEF & RECOVERY



- + Athletic Bandages & Braces
- + Foam Rollers
- + Heart Rate Monitor
- + Heating Pads & Neck Rests
- + Insoles
- + Kinesiology Tape
- + Muscle & Joint Pain Relievers
- + Physical Therapy



HealthSavings

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[HEALTHSAVINGS.COM](https://www.healthsavings.com)

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