IN THE AFTERMATH OF A SCHOOL SHOOTING

Information and resources

Information sources
Department of Homeland Security
www.dhs.gov

Local law enforcement contact information
www.usacops.com (dial 911 in an emergency)

Articles and resources
American Psychological Association
Helping your children manage distress in the aftermath of a shooting
Managing your distress in the aftermath of a shooting

National Institute of Mental Health
Helping Children and Adolescents Cope with Traumatic Events

The National Child Traumatic Stress Network
School Shooting Resources

Substance Abuse and Mental Health Services Administration
Disaster Distress: Incidents of Mass Violence

Support
Disaster Distress Helpline
Call or text 1-800-985-5990
Crisis counseling/support for anyone with emotional distress related to natural or human-caused disasters

American Red Cross
Provides food, water and emotional support for affected families and first responders
1-800-733-2767
Find your local chapter at:
http://www.redcross.org/find-your-local-chapter

American Red Cross Reunification
Tips/assistance in reconnecting with loved ones.

The Compassionate Friends:
Supporting family after a child dies
This is a national bereavement nonprofit that offers resources to grieving parents. Connect with local chapters and other resources at:
www.compassionatefriends.org

Together, all the way.

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