



Your health plan includes a yearly eye exam

Routine eye exams provide a unique opportunity to find and detect serious health conditions like high blood pressure, heart disease, and diabetes, so we are including a comprehensive eye exam in your medical coverage. Discovering these conditions early on when they are easier to treat can help keep you healthier and lower your healthcare costs.

This eye exam is included at no extra cost for dependent children through age 19 through your medical plan at in-network providers. Anyone older than 19, will be charged a \$15 copayment.



Expanded benefits to cover your whole health

212,193 people were identified with a high-risk health condition through an Anthem vision claim in 2024¹.

This eye exam is offered through Anthem's Blue View Vision network

- Dedicated vision providers with proven expertise
- More than 43,000 eye doctors to choose from²
- 31,000+ locations nationwide, including independent optometrists and ophthalmologists, and vision retail stores²

Details of your benefit

Your eye exam is all-inclusive with dilation and refraction. the benefit can be used once during each calendar or plan year. Because your company also provides you with Blue View Vision stand-alone vision coverage, please ask your eye doctor to use the lower office visit copayment between the medical plan and the standalone vision coverage.

For more information, refer to your health plan benefit information or contact your human resources department. Or visit [anthem.com](https://www.anthem.com) or download the SydneySM Health mobile app for benefit information when and where you need it.

¹Zelus Network 360® data, 1/29/25.

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