

HealthKeepers out-of-state coverage



Access healthcare wherever you need it

At Anthem, we're committed to helping people access quality healthcare when and where they need it. That's why our HealthKeepers network includes access to BlueCard preferred provider organization (PPO) doctors and other healthcare professionals nationwide.

HealthKeepers uses our national BlueCard PPO network (including more than 1.7 million doctors and hospitals in all 50 states*) for care received outside of Virginia. This includes care received at Duke University Hospital, The Johns Hopkins Hospital, Memorial Sloan Kettering Cancer Center, and Cleveland Clinic. In addition, the plan:



Provides healthcare access outside of the Virginia service area through participating BlueCard PPO care providers. Individuals should continue using the HealthKeepers network when accessing care within the Virginia service area.



Extends in-network benefits to all healthcare services covered by the plan, not just urgent or emergency care. Covered services will still be subject to benefit and medical guidelines.



Adds flexibility to use participating BlueCard PPO labs outside of the Virginia service area, but, Labcorp will continue to be the only in-network lab in the Virginia service area.



Sends HealthKeepers health plan ID cards that show the PPO "suitcase" icon, indicating access to out-of-area coverage, to everyone who enrolls in the plan.

For more information

If you have questions, please call the Member Services number on your ID card.

As a reminder, you must live or work in our Virginia service area in order to enroll in a HealthKeepers plan. For a definition of covered services, please see your evidence of coverage (EOC).

Find care using our Sydney Health app

Connecting to health plan benefits and finding care is easier with our no-cost **SydneySM Health** app. [Learn more by going to sydneyhealth.com](#) or downloading and logging in to the app today.

* Blue Cross Blue Shield Association: *About Us: The Blue Cross Blue Shield System* (accessed June 29, 2023); bcbs.com.

Sydney Health is offered through an arrangement with Cereon Digital Platforms, a separate company offering mobile application services on behalf of your health plan.

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