

Write your own back to school success story

Before you know it, your child will be writing another one of those “What I Did Over My Summer Vacation” essays.

Before that day comes, check out our August feature. It’s designed to help you and your child work together to get the upcoming school year off to a great start. You’ll find information on:

- Buying back-to-school items without blowing the budget
- Getting involved in your child’s education
- Protecting your child from bullying and other safety hazards

Your Employee Assistance Program (EAP) wants to teach you how to succeed in all areas of life. Visit our website for information, tips and resources your whole family can use.

800-346-5484
anthemEAP.com

This information is for general informational purposes only and all services may not be available with your EAP. Check with your employer for specific information on the EAP services available to you.

Administered by Health Management Corporation, a separate company.
Anthem Blue Cross and Blue Shield is the trade name of: In Colorado and Nevada: Rocky Mountain Hospital and Medical Service, Inc. In Connecticut: Anthem Health Plans, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. In Ohio: Community Insurance Company. In Virginia (excluding the city of Fairfax, the town of Vienna and the area east of State Route 123): Anthem Health Plans of Virginia, Inc. In Wisconsin: Blue Cross Blue Shield of Wisconsin (“BCBSWI”), which underwrites or administers the PPO and indemnity policies; Compcare Health Services Insurance Corporation (“Compcare”), which underwrites or administers the HMO policies; and Compcare and BCBSWI collectively, which underwrite or administer the POS policies. Independent licensees of the Blue Cross and Blue Shield Association. © ANTHEM and 360° Health are registered trademarks of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

